



# The Everything Vegetarian Pressure Cooker Cookbook

*Amy Snyder*

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"With one in four people describing themselves as "vegetarian-inclined" and pressure cookers experiencing a comeback, the need is greater than ever for this cookbook! These amazing appliances can cut cooking time by as much as half! Here, popular food bloggers and chef team Amy and Jeff Snyder help readers create such memorable dishes as:

- Thai Carrot Soup
- Mashed Eggplant and Tomato Salad
- Creole Jambalaya
- Whole-Wheat Fettuccine with Mushroom Cream Sauce
- Moroccan-Spiced Red Lentils
- Port-Poached Figs

Packed with 300 recipes and a full work-up of nutritional information, health-conscious foodies--vegetarians and non-vegetarians alike--will be whipping up mouthwatering meals for friends and family every night of the week!"

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