



Mental Health Practice in Today's Schools: Issues and Interventions

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"Mental Health Practice in Today's Schools: Issues and Interventions provides a comprehensive guide to the mental health issues of students in our schools and practical school-wide prevention and intervention strategies to address these challenges. This text will likely serve as an essential resource for mental health practitioners and educators working in the schools for years to come."

--**Michael A. Keim, NCC, Columbus State University, *The Professional Counselor***

In today's schools, the variety and consequences of mental health problems are growing and receiving greater public attention. Moreover, dwindling resources add to the difficulties of providing adequate mental health services. This practice-oriented, evidence-based resource addresses the key mental health issues and challenges facing school-based professionals and helps to facilitate effective and focused mental health consultation, training, and counseling within the school setting. Grounded in a tiered intervention approach to school psychological practices, this text focuses on preventive and proactive services that are integrated at the school-wide and classroom levels, as well as more intensive mental health services for the most vulnerable students.

In addition to addressing core issues such as screening for at-risk students, Response to Intervention (RTI) and mental health, culturally sensitive practices, community services and supports, law and ethics, and the role of micro-skills in daily practice, this text also covers critical topics such as bullying and cyber-bullying, physical and sexual abuse, suicide prevention and intervention, school crisis response, threat assessment, and substance abuse. Chapters feature illustrative case examples as well as summaries of key concepts. Facilitating knowledge and awareness of evidence-based mental health practices in schools for practitioners at every level of service, this textbook is also an essential resource for graduate students in school psychology, school guidance and counseling, school social work, and educational leadership.

KEY FEATURES:

- Emphasizes mental health practice from school-wide prevention to student-specific intervention
- Highlights the essential service connection of RTI to student mental health needs and issues
- Expands graduate students' and practitioners' knowledge and skill sets regarding high need issues and challenges
- Describes state-of-the-art, evidence-based mental health programs, services, and approaches
- Includes case examples within chapters and extensive capstone case studies

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