



The Secret Life of Germs: What They Are, Why We Need Them, and How We Can Protect Ourselves Against Them

Jr. Philip M. Tierno Jr. Ph.D.

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They're on everything we touch, eat, and breathe in -- on every inch of skin. And despite the advances of science, germs are challenging medicine in ways that were unimaginable ten years ago. No wonder the world is up in arms -- and using antibacterial soaps.

From the common cold, E. coli, and Lyme disease to encephalitis, mad cow disease, and flesh-eating bacteria, Tierno takes readers on a historical survey of the microscopic world. Rebuffing scare tactics behind recent "germ events" Tierno explains how the recycling of matter is the key to life. Yes, he'll tell you why it's a good idea to clean children's toys, why those fluffy towels may not be so clean, and why you never want to buy a second-hand mattress, but he also reveals that there is a lot we can do to prevent germ-induced suffering. You'll never look at anything the same way again.

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