



# Poor Man's Feast: A Love Story of Comfort, Desire, and the Art of Simple Cooking

*Elissa Altman*

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**Poor Man's Feast: A Love Story of Comfort, Desire, and the Art of Simple Cooking** Elissa Altman  
**Based on the James Beard Award-Winning Blog**

Born and raised in New York to a food-phobic mother and a food-fanatical father, Elissa learned early on that fancy is always best. After a childhood spent dining at fine establishments, from Le Pavillon to La Grenouille, she devoted her life to all things gastronomical. She served rare game birds at elaborate dinner parties in an apartment so tiny that the guests couldn't turn around and bought eight timbale molds while working at Dean & DeLuca, just to make her food tall.

Then, Elissa met and fell in love with Susan—a frugal, small-town Connecticut Yankee with a devotion to simple living—and it changed her relationship with food, and the people who taught her about it, forever.

Told with tender and often hilarious honesty, and filled with twenty-six delicious recipes, *Poor Man's Feast* is a tale of finding sustenance and peace in a world of excess and inauthenticity, demonstrating how all our stories are inextricably bound up with how we feed ourselves and those we love.

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