



Simple Tricks to Tame Your 3 Year Old

Christine Martin

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I help parents transform their three year old into a fun, co-operative child!

This simple and quick to read e-book is written for the time-poor parent.

It's for those that need answers immediately... and can be implemented right now.

You don't have to spend days and weeks researching, reading and attending courses like I did.

Stop wasting your time and your breath and become a calm, caring and FUN parent!

No more tantrums. No more arguing. No more nagging.

Here's just some of what you'll discover in the Tame Your Preschooler e-book:

Understanding why our kids are being naughty

You are the boss

How our kids can be managed

Emotions – ours and theirs

Tips to avoid the bad behaviours

Your box of discipline tricks (without smacking!)

The practical stuff – “How To...”

And once the discipline is working, how to strengthen your relationship

And there's much more... without all the fluff.

The Tame Your Preschooler e-book will explain how to implement this simple counting technique and how to use time out. It covers so much more too, getting you armed with an abundance of information that will fill you with confidence.

You will regain control of being a parent.

I am a proud mother of 3 kids. I never set out to be a full-time mum as I was very focused on my career in marketing. And then it happened. Me – the least likely of my friends to have kids becoming a stay at home mum! And I don't regret it at all. I love looking after my kids and watching them grow up and become little people!

I was really struggling with discipline techniques for my first son – he was much more ‘naughty’ than my friends’ children and he was a real handful!

When he was 2, he was pretty terrible but then he hit 3... and it was worse.

He became very physical – pushing, hitting, spitting, and running away, talking back, yelling and having meltdowns – EVERY time we left the house. He was exhausting!

This left me REALLY stressed and worried that he was NEVER going to grow out of this horrible ‘phase’.

I spent hours and hours reading, researching and attending courses to learn as much as possible to improve my mental state and reduce my stress.

I dedicated a lot of time to making sense of all the information available that isn't easy to implement. I set my sights on getting practical answers and tricks to make raising my son easier.

I hope this e-book will be life-changing for you. All the information I learnt has made my life calm, quiet and improved my relationship with my kids to the MAX!

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