



Interplay: An Artist's Approach to Spirituality

Makram Abu-Shakra

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2014 Royal Dragonfly Book Awards, 1st Place

2015 International Book Awards, Finalist

2015 Next Generation Indie Book Awards, Finalist

2014 National Indie Excellence Awards, Finalist

2014 Paris Book Festival, Honorable Mention

2014 San Francisco Book Festival, Honorable Mention

Driven by the pursuit of inspiration and breakthrough experiences, musician, artist, and writer Abu-Shakra explores the inner terrain and develops a spirituality centered on attaining higher states of mind.

Interplay shows the benefits and risks of intensely energized, minimally disciplined spiritual development and emphasizes evoking the balancing process directly from life's experiences.

Weaving memoir with fiction, discussions on art and music, and unique observations on the nature of reality, *Interplay* traces the author's progression from skepticism to groundbreaking revelations on synchronicity, mysticism, and the process of initiation.

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