



# Trauma-Attachment Tangle: Modifying EMDR to Help Children Resolve Trauma and Develop Loving Relationships

*Joan Lovett*

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*Trauma-Attachment Tangle* offers informative and inspiring clinical stories of children who have complex trauma and attachment issues from experiences such as adoption, hospitalization, or death of a parent. Some of these children display puzzling or extreme symptoms like prolonged tantrums, self-hatred, attacking their parents or being fearful of common things like lights, solid foods or clothing. Dr. Lovett presents strategies for unraveling the traumatic origins of children's symptoms and gives a variety of tools for treating complex trauma and for promoting attunement and attachment.

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