



# Rebuilding Shattered Lives: The Responsible Treatment of Complex Post-Traumatic and Dissociative Disorders

*James A. Chu*

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## **Rebuilding Shattered Lives: The Responsible Treatment of Complex Post-Traumatic and Dissociative Disorders** James A. Chu

The most up-to-date, integrative, and empirically sound account of trauma theory and practice available. Based on more than a decade of clinical research and treatment experience at the Harvard Medical School, this comprehensive and non-technical text offers a stage-oriented approach to understanding and treating complex and difficult traumatized patients, integrating modern trauma theory with traditional therapeutic interventions.

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