



## **New Approaches to Integration in Psychotherapy**

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# New Approaches to Integration in Psychotherapy

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Psychotherapy is an area that has seen huge growth in prominence and practice. The range of theoretical schools that have emerged means that practitioners are striving to amalgamate and synthesise new approaches and theories.

*New Approaches to Integration in Psychotherapy* provides a snapshot of the latest theoretical and clinical developments in the field of integration. Eleanor O'Leary and Mike Murphy bring together contributors from a range of theoretical backgrounds who present new frameworks, theoretical integrations, clinical developments and related research. They critique existing research and provide a thorough overview of the historical development of the movement towards integration in psychotherapy. The book is divided into three sections, covering the following subjects in depth:

- Frameworks and Theoretical Integrations
- Professional and Clinical Integrations and Special Populations
- Issues for Professional Consideration

This book will be welcomed by anyone interested in investigating integrative approaches to psychotherapy. In particular, it will have direct relevance to academics involved in training and research on psychotherapy, psychotherapists, counsellors and clinical psychologists.

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