



# Wheat Belly (30 Minutes Or Less!) Cookbook

*William Davis*

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**Wheat Belly (30 Minutes Or Less!) Cookbook** William Davis

**The companion to the *New York Times* bestseller serves up 200 easy, great-tasting, wheat-free recipes**

Living wheat-free doesn't take extra time or work. The *Wheat Belly (30 Minutes or Less!) Cookbook* features healthy, delicious, visually appealing meals and snacks—all conforming to the basic rules of remaining wheat-free and including no “junk” carbohydrates or grains. With the latest research, success stories and tips and tricks, the *Wheat Belly (30 Minutes or Less!) Cookbook* features 200 delicious new recipes for breakfast, lunch, dinner, side dishes, snacks, desserts and even special occasions.

Now, it's easier than ever to say good-bye to wheat with this new collection of yummy recipes that are quick enough for busy weekdays— and good enough for company.

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