



# Counselling: A problem-solving approach

*Anthony Yeo*

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## **Counselling: A problem-solving approach** Anthony Yeo

Written from the author's over 20 years' experience as a psychotherapist and marriage-and-family therapist, this is a useful book that offers an uncomplicated, four-step approach to problem-solving. The reader is provided knowledge and relevant case studies to deal with difficult situations in counselling.

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