



William Wobbly and the Very Bad Day: A Therapeutic Parenting Book (Volume 1)

Sarah Naish

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Co authored by Rosie Jefferies and illustrated by the talented Amy Farrell- 'William Wobbly and the Very Bad Day' is a story about a little boy with attachment difficulties (RAD), due to having suffered trauma in his early life. William is now struggling with overwhelming feelings and difficulties in his everyday life, and these difficulties impact on his family. Written by authors who have lived through, and with, these challenges, it is a story for therapeutic parents, adopters and foster carers to read to their child. The story will help children with attachment difficulties make sense of their own behaviours and feelings, and most importantly, will assist the parent in building connections to their traumatised child. The story is easy for children and their parents to relate to, and explains why William behaves the way he does, how he feels, and most importantly, what his Mum can do about it. The book provides the therapeutic parent with an effective dialogue to read to their child, to connect, empower and heal. First in a series of children's books in the Therapeutic Parenting series, which sees William and his siblings demonstrate the many aspects of behaviour, related to attachment difficulties. Therapeutic Parents who are facing these challenges everyday, can now access real , practical help through these pages, for their child, and for themselves.

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