



Treating Couples

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Treating Couples

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A Volume in the Jossey-Bass Library of Current Clinical Technique

Therapists who want to work skillfully with couples are often confronted with a confusing array of theories, techniques, and myths. *Treating Couples* creatively addresses many of these challenging issues while shining a light to help therapists navigate through this confusing maze.

--Ellyn Bader, Ph.D., co-director, The Couples Institute, Menlo Park, California

Treating Couples weeds through the treatment trAnds?and presents a rational framework for assessing which methods will most effectively meet clients' needs and expectations. This is an accessible guide for the wide range of professionals who practice couples therapy. *Treating Couples* promotes the clinical functions of evaluation, assessment, judgment, and hypothesis-formation and testing and will serve as an invaluable resource for determining which approaches are the most ethical, flexible, and creative for the effective treatment of couples.

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