



# Clinical Manual of Prevention in Mental Health

*Michael T. Compton*

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*Clinical Manual of Prevention in Mental Health* is one of the few resources of its kind available to mental health professionals today, and serves as a comprehensive guide to applying proven prevention tools in psychiatric units, outpatient clinics, consultation-liaison services, and private office settings. This manual provides psychiatrists, psychologists, residents, and allied mental health professionals with important clinical and research advances in risk and protective factors, prevention principles, evidence-based preventive interventions, and health promotion related to mental and behavioral disorders.

Developed by more than 30 expert contributors to help practitioners integrate prevention principles into their practice, *Clinical Manual of Prevention in Mental Health* is a compilation of the latest evidence of prevention principles for mood disorders, anxiety disorders, substance abuse, schizophrenia, and other psychiatric disorders. Written primarily for the clinical community, this manual also provides in-depth information on suicide prevention, the prevention of family violence, and other aspects of applying prevention in mental health settings. This book is an essential resource for the libraries of psychiatrists working in a clinical practice setting.

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