



Complete Guide to Sport Education With Online Resources-2nd Edition

Daryl Siedentop, Peter Hastie, Hans Van Der Mars

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This new edition of *Complete Guide to Sport Education* contains everything your students need to get—and keep—children active. Regardless of skill or confidence level, your students will learn how to get children to work together, support each other, and gain competence in sport and fitness skills so that they can stay moving now and throughout their lifetime. The Sport Education model is appropriate for various dance forms and recreational activities such as swimming, weightlifting, and other fitness programs such as aerobic routines and hiking.

The text for this groundbreaking Sport Education curricular model has expanded to 12 chapters, is updated throughout, and offers even more practical examples and real-world applications from both elementary and secondary levels:

- A new emphasis on using the Sport Education model to help students reach national goals for physical activity, including outside of class time
- Review of the findings from more than 50 research studies that examine the efficacies of the Sport Education model
- More online teacher resources—including ready-to-use forms, plans, assessments, charts, and handouts

A few examples of new resources include a series of team practice cards that teachers and team coaches can use to plan practices, and templates that allow teachers to choose among several game-play performance indicators (techniques and tactics, rules and strategies, fair play, and so on). The resources make it easy for professors to use this text in college methods and curriculum courses.

Authors Daryl Siedentop, Peter Hastie, and Hans van der Mars provide a perfect blend of rock-solid theory and practical application for a wealth of games, sports, and fitness activities. Through their Sport Education model, children quickly become involved in all aspects of a sport or activity, learning skills, sportsmanship, and responsibility. The curriculum helps students develop as leaders and as team players. And as they learn to become true players and performers, they become more competent and confident—thus leading to the likelihood that they will continue being active after school, on weekends, and as they grow.

This second edition of *Complete Guide to Sport Education* will help school programs meet national physical activity guidelines and the national physical education standards established by NASPE. It contains everything that future physical education teachers need in order to implement an effective program. With its greater emphasis on activity and fitness, its expanded resources, its relevance and freshness, and its practical approach, *Complete Guide to Sport Education, Second Edition*, is just what your students need to point children in the direction of healthy, active lifestyles.

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